

TIME TABLE

January & February 2014

Edenderry Swimming Pool & Hydro Therapy Zone

Sauna, Steam Room & ICE Bath

A Healthy Community Starts Here!

Monday	Early Bird Open Swim 7.00 - 10.30	AquaFit 10.45 - 11.30	Big Deal Swim & Sauna Only €4 12.00 - 1.45	Adaptive Swim (SN) Lessons (Adults / Children) 2.00 - 3.00	Child Lessons 3.30 - 5.30	Youth Swim Club 4.30 - 6.00	Open Swim 6.00 - 8.00	Dryland 7.00 - 8.00	Adult Swim Club 8.15 - 9.15	Team Hire 9.00 - 10.00
Sauna & Steam Room 6.00 - 9.30 pm										
Tuesday	Early Bird Open Swim 7.00 - 11.30		Big Deal Swim & Sauna Only €4 12.00 - 1.45	Group 2.00 - 3.00	Child Lessons 3.30 - 5.30	Youth Swim Club 5.00 - 6.30		Aqua 7.00 - 8.00	Adult LESSONS 8.00 - 9.00	Team Hire 9.30 - 10.30
Sauna & Steam Room 5.45 - 9.30 pm										
Wednesday	Daily Workout 9.45 - 10.45 Early Bird (Open Swim) 7.00 - 11.30		Big Deal Swim & Sauna Only €4 12.00 - 1.45	Water Wellness 2.00 - 3.00	Wacky Wednesday 1/2 Price 3.30 - 5.30 pm	Open Swim 5.45 - 8.00		Dryland 7.00 - 8.00	Adult Swim Club 8.15 - 9.15	Team Hire 9.30 - 10.30
Sauna & Steam Room 3.00 - 9.30 pm										
Thursday	Early Bird Open Swim 7.00 - 11.30		Big Deal Swim & Sauna Only €4 12.00 - 1.45	Group 2.00 - 3.00	Child Lessons 3.30 - 5.30	Youth Swim Club 5.00 - 6.30		Aqua 7.00 - 8.00	Team Hire	Team Hire 9.30 - 10.30
Sauna & Steam Room 5.45 - 9.30 pm										
Friday	Daily Workout 9.45 - 10.45 Early Bird (Open Swim) 7.00 - 11.30		Big Deal Swim & Sauna Only €4 12.00 - 1.45	Water Wellness 2.00 - 3.00	Open Swim 3.30 - 6.45 pm			Dryland 7.00 - 8.00	*Dryland: ON DECK Strength & Conditioning WORKOUT	
Sauna & Steam Room 2.00 - 8.30 pm										
Saturday		Child Lessons 10.45 - 11.30	Child Lessons 11.45 - 12.30	Open Swim 12.45 - 6.00 pm		<i>pool parties can be booked Saturdays and Sundays please call the pool for more details on new packages</i>		BOOK YOUR POOL PARTY TODAY: FOR KIDS BIRTHDAYS, CELEBRATIONS, 'AFTERS' COMMUNIONS, CONFIRMATIONS or BOOK A PRIVATE HOUR includes Sauna & Steam Room for Adults		
Sauna & Steam Room 12.30 - 6.00 pm										
Sunday			Lane Swim 11.45 - 12.30	Open Swim 12.45 - 6.00 pm						
Sauna & Steam Room 12.30 - 6.00 pm										

Pay As You Go Rates	Swim Only	All Access	Monthly TICKETS	FAMILY PRICES - PAY AS YOU GO (DOOR RATES)	CLUSTER CARD PRICING
Child (2yrs +)	3.00		Adult Swim Only	2014 Price	
Adult	5.00	6.00	Family Swim Only	1 Adult, 2 Child	10 Public Swims 1 Child
Senior (55 Plus/ OAP)	3.00	5.00	Senior Swim Only	1 Adult, 3 Child	10 Public Swims 1 Adult
Student	3.00	5.00	Dryland	1 Adult, 4 Child	10 All Access Pass Adult
Aqua Aerobics	7.00	included	Dryland Plus	2 Adult, 1 Child	10 All Access Pass Senior
Red Stars/ Young Stars Swim Club	5.00	-		2 Adult, 2 Child	10 All Access Pass Student
Edenderry Adult Swim Club	5.00	included		2 Adult, 3 Child	10 Aqua Classes
Water Wellness	3.00	included		2 Adult, 4 Child	
Dryland Training	5.00	Class + €1.00	Family Monthly is based on a family of 2 Adults & upto 6 Children		
Dryland Training + Swim Club	7.00	included	Dryland Plus includes for upto 3 Classes a week; followed by upto 3 Swim Club Sessions a week and includes the Hydrozone after these Sessions		
Waterfit	5.00	included			
Adult Lessons (6 Weeks)	€56.00				
Child Lessons (6 Weeks)	€48.00				

Raising Awareness about Our New Development



..... OPEN..... Sauna & Steam Room..... OPEN..... OPEN

TIMETABLE FROM Monday 6th January - Sunday 2nd March 2014 **'Subject To Changes' that may be required from time to time. Please arrive 10 minutes before class and lesson start time.**
Swimming Lessons should be pre booked. Children under 8 must be accompanied by an adult or guardian over 16 years. Swim Caps must be worn in the pool at all times.
Cameras, Camcorders, Mobile Phones are not permitted in the Swimming Pool.
Watch out for Promotions, Extra Events and Added Sessions, Notices will be available at the Pool throughout the stated months. Look forward to Seeing You Soon

St. Conleths Road (Carrick Road) Edenderry, Entrance after GAA Pavillion Telephone 0469731294, www.edenderryswimmingpool.ie Email info@edenderryswimmingpool.ie

