



# Edenderry Swimming Pool

## Swimming Pool Policy Regarding Swimming Lessons

### Philosophy

Edenderry Swimming Pool aim to provide programs that develop the whole person; We will be providing opportunities to learn not only swimming skills, but also social skills, physical fitness, self-confidence, personal safety and rescue skills. We will be building character through activities that encourage caring, honesty, respect and responsibility. We will also be introducing students to other aspects of swimming, such as diving, and water sports. Safety is our top priority. A lifeguard is present in the pool area during swimming lessons to assist with emergencies.

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Every effort is made by the Swimming Team to provide the best instruction for each child at the right level. The instructors do their best to ensure children move through the levels as soon as they are ready.

Our aim is to progress the children through the swimming lessons at their own pace, nevertheless, their advancement would be much improved if they swim outside of the swimming lessons.

### Why Can't Parents Watch Their Child's Swim Lessons?

Studies have shown that when parents attend classes, children are more interested in the parents than in the class. Even if your child does well with you there, other children in the pool may be bothered by your presence. Therefore our policy is that:

- Parents / guardians are not permitted on to the pool side during lessons: Due to liability rules the parents are asked to stay off the pool deck. This also allows the swim instructors to get the swimmers attention without distractions.
- Parents should limit their presence in the office area as this is and can be a distraction to the children and to the instructors.
- Parents / guardians / teachers/ supervisors are asked not to distract instructors or swimmers during lesson times.

Swim instructors (together with supervisors and school teachers) will help your children with getting to and from the changing rooms.

### Why Do Some Instructors Spend More Time In The Water than Others?

Instructors have different styles of teaching; each level of instruction demands different styles. Beginner classes such as Level 1 may require the instructor to be in the water all of the time. As each level progress this becomes less necessary because children are familiar with more water skills, their confidence has developed, and they are working on perfecting specific skills. An instructor may have a better view of these skills watching children from the deck.



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## **Has My Instructor Been Trained?**

All instructors have been trained and are under the supervision of a qualified supervisor. Each instructor brings a unique combination of skill and experience that will help you and your child to have a positive swim experience.

## **Please encourage your child to**

- shower and use the toilet before entering the water
- wear a swim hat
- be able to put on own goggles.

## **Edenderry Swimming Pool confirm that**

- Bullying in any form will not be accepted
- Children who misbehave will be asked to leave the lesson. No concession will be forthcoming in these circumstances.
- All children who are not participating must be supervised at all times.
- Food, fizzy drinks, chewing gum and glass containers are not permitted on the poolside or in the changing area.
- No responsibility will be taken by the Swimming Pool, for lost, stolen, damaged or moved property.
- We ask all visitors to be courteous and respectful to all. We ask our staff to do the same.
- Use of photographic and video recording equipment is not permitted on site.
- All new swimmers, must be assessed at the first lesson

## **What If I Have Additional Questions?**

Please feel free to contact the instructor outside of class time. Our Instructors are more than happy to talk to you about your child's progress.